

ULTRASOUND EXAMS AND PATIENT PREPARATIONS

Type of Ultrasound	Patient Preparation for Exam
Abdominal (including Aorta, Liver, and Gallbladder)	Nothing to eat or drink 4-6 hours prior to exam
Abdominal for Splenomegaly	No preparation required
Obstetrical Pelvic Transvaginal	Arrive at exam with full bladder (drink at least 32 ounces of water 60 minutes prior to exam)
Breast	No preparation required
Thyroid	No preparation required
Renal/Bladder	Arrive at exam with full bladder (drink at least 32 ounces of water 60 minutes prior to exam)
Extremity Venous Doppler	No preparation required
Extremity Arterial Doppler	No preparation required
Carotid Ultrasound	No preparation required
Renal Artery Doppler	Nothing to eat or drink 4-6 hours prior to exam
Testicular/Scrotal	No preparation required
Soft Tissues	No preparation required
Thyroid Biopsy/Soft Tissue Biopsy	Talk to your doctor about any medication you take to thin your blood or prevent clots
Thoracentesis	Talk to your doctor about any medication you take to thin your blood or prevent clots
Paracentesis	Talk to your doctor about any medication you take to thin your blood or prevent clots